

PARENT EDUCATION CLASS DESCRIPTIONS

How to Talk So Kids Will Listen and Listen So Kids Will Talk

This is a six-week course based on Adele Faber & Elaine Mazlish's best selling parenting book. It explores concrete skills for communicating with kids, engaging their willing cooperation, disciplining without hurting, and fostering love and respect in families.

Siblings Without Rivalry

Adele Faber and Elaine Mazlish base this six-week course on another best-selling parenting book. This class challenges the idea that constant, unpleasant conflict is natural and unavoidable. The action-oriented, easy-to-understand anecdotes and stories show the many ways you can teach your children how to get along.

1-2-3 Magic

This workshop addresses the difficult task of child discipline with humor, keen insight and proven experience. This time-tested program provides easy-to-follow steps for disciplining children aged 2-12 without yelling, arguing or spanking. You'll also learn when- and how-your silence can speak louder than you think.

Positive Discipline

This two-hour workshop offers a new approach to teaching life skills that encourages self-respect, self-discipline, cooperation and good behavior. By teaching problem solving skills to your children, confrontational situations can turn into opportunities.

Growing With Your Baby

This workshop focuses on finding your baby's rhythm and developing routine. Addresses such issues as: feeding, sleeping, crying, bonding, sign language, safety tips and developmental milestones.

Toddlers and Twos

This magical age when children are learning so much often can be frustrating to parents. Focusing on the Three Ts: tantrums, toilet training and talking, this two-hour workshop highlights what kids age two are learning. Thankfully the workshop also includes Ten Tips to weather the storm.

Boot Camp for New Dads

Boot Camp for New Dads is a unique father-to-father, community-based workshop that inspires and equips men of different economic levels; ages and cultures to become confidently engaged with their infants, support their mates and personally navigate their transformation into dads.

Active Parenting

Six-week course is for parents of 2-12 year olds and will focus on: the purpose of parenting; instilling courage and self-esteem; understanding your child; developing responsibility; winning cooperation; family meetings and more!