

CLIMB OUT OF THE DARKNESS®

Team Central Vermont

Saturday, June 15

State House Lawn 10AM - Noon

1 In 7

Experience depression or anxiety during pregnancy or postpartum.

Climb Out of the Darkness® is the world's largest event raising funds and awareness for perinatal mental health.

Join us as we come together to shine a light on these very common and treatable struggles new parents can face.

SHARE YOUR STORY.
SHINE A LIGHT.
#CLIMBOUT



Learn more at:
goodbeginningscentralvt.org

