



ANNUAL REPORT

FY'19



FAMILY CENTER OF WASHINGTON COUNTY *Working with Families in CENTRAL VERMONT*

The Family Center of Washington County provides services and resources to all children and families in our region. We offer services for children, youth and families, including: Early Care and Education, Children's Integrated Services-Early Intervention, Family Support Home Visiting, Child Care Financial Assistance, Child Care Referral, Welcome Baby Information, Family Supportive Housing Services, Specialized Child Care supports, Transportation, Reach Up Job Development, Family Works, on-site Parent Support Groups, Food Pantry, Parent Education, and Playgroups for children from birth to five. For more information about Family Center programs and services, please visit: www.fcwcvt.org.

Among the 3,877 individuals in Central Vermont who benefited from the Family Center's programs and services from July 1, 2018 – June 30, 2019 were:

- *209 families** who received **Information & Referral**, including consulting our **Child Care Referral services**, receiving assistance in finding child care to meet their needs, answering questions related to child care and child development, and receiving information about other community resources available.
- *498 families** who received **Child Care Financial Assistance**.
- *479 children and *407 caregivers** who participated in one of our **Playgroups**. Playgroups are free, open to all families with children birth to five, and have no eligibility requirements. Children have a chance to play with others in a safe, stimulating and nurturing environment. Parents talk to other parents, draw upon each other for support, learn new skills from Playgroup Facilitators and get information about community resources.
- * 59 adults and * 60 children** who participated in **Parent Education Workshops** and related activities for children.
- * 61 children** who attended our 5 STARS **Early Childhood Education** program.
- *889 individuals** who were served by one of our **Home Visiting** services, providing parent and family education and support.
- *514 children and caregivers** who received food and household items from our **Food Pantry** to help supplement their nutritional and basic needs of families we serve.
- * 23 children** who received **Transportation** assistance through our bus.
- *466 children and parents** who attended our **Community Events**.
- * 19 families** who received pediatric based Adverse Family Experiences (ACEs) screening and supports.
- * 50 individuals** who attended on-site **Parent Support Groups**.
- * 16 young parents** who received wrap around support in our **Family Works program**.
- * 57 individuals** who received **Reach Up Job Development** skills and hands-on work experience.
- * 70 children and adults** who received permanent housing through our **Family Supportive Housing Services** for homeless or at-risk-families with minor children in Washington County.

Building resourceful families and healthy children to create a strong community.

Overview of Programs FY'19

FAMILY DEVELOPMENT SERVICES

Child Care Financial Assistance – determines eligibility for Vermont's child care subsidy program, which funds child care costs for low to middle income families.

Child Care Referral – serves child care providers and families by connecting parents in need of child care with licensed child care centers and registered family child care providers that have openings. Also provide parents with information and support on what to look for in a quality child care program and referrals to other child development resources.

Parent Education – classes and workshops are held on a regular basis and include the popular Parent Café which incorporates components of the previous popular "How to Talk so Kids Will Listen and Listen so Kids Will Talk," "Siblings Without Rivalry," among other topics of interest.

Welcome Baby – home visiting program for families with new babies in Washington County to provide parents with information on community resources.

Family Support Home Visiting – all families are eligible for short-term free home visiting services, regardless of income, if there is a child in the household age birth to 12. Parents and families are offered information and connected to a variety of supports and community resources, as they wish. They work with the five protective factors that Strengthening Families uses.

Vermont Children & Families Community Response – Vermont Child & Family Community Response's (VCFRCR) goal is to prevent child neglect and abuse before it happens. It takes a proactive approach and is aimed at the early warning signs of risk of maltreatment of children.

Playgroups – for children newborn to age 5, free, community-based facilitated playgroup activities in Montpelier. Playgroup facilitators create play spaces for young children and parents – providing an opportunity for children and parents to interact, explore and socialize. Information about the Family Center and other community resources is available at each playgroup. *Baby Play* on Thursday mornings is especially tailored for children birth to 2 and their grownups and is facilitated by infant/toddler program staff. *Dads and Kids Playgroup* on Thursday nights provides a unique opportunity for fathers to interact with their young children and share experiences with other fathers. *Saturday Morning Playgroup* is for children birth to six and their adults.

CHILD AND YOUTH DEVELOPMENT SERVICES

Early Childhood Program – on-site child care program for children ages 6 weeks – 5 years, serving 54 children daily. STARS accredited – 5 STARS, an inclusive program with priority for children of staff, Family Works participants and children in DCF custody. The Preschool is fully integrated with the Montpelier public school's Essential Early Education Program.

Children's Integrated Services-Family Support Home Visitors – home visiting program for pregnant women and children up to 5 who are receiving Medicaid. The program provides professional support, role modeling and advocacy for families facing life stressors. Its goal is to promote optimal health.

Children's Integrated Services-Early Intervention – program serving families with children ages birth to three who have developmental delays or medical conditions that may lead to developmental delays. CIS-EI service coordination provides advocacy, developmental evaluations, developmental therapy, nutritional consultation, speech, occupational and physical therapy, and hearing and vision services to the families it serves through collaboration with school systems, private providers and an array of other agencies in Washington County.

Specialized Transportation – transport authorized children in the Barre/Montpelier area from their homes to and from designated child care programs.

Reach Up and Job Development – services for pregnant and parenting teens and young adults, created by the state to assist parents with the transition from welfare to economic self-sufficiency. Home visitors assist parents in identifying and pursuing goals such as going back to high school, enrolling in GED study, obtaining a driver's license and securing housing, as well as plugging into programs at the Family Center and other community agencies. Pregnant women (in the last month of pregnancy) and families with children apply for Reach Up cash benefits and 3Squares at Economic Services in Barre (McFarland Building on Perry Street). Referrals are then made to the Family Center for Reach Up case management.

Family Supportive Housing Program – a participant-engaged permanent supportive housing program for homeless families with minor children in Washington County. The program includes individualized, family-centered case management services. Each family will work one-on-one with a FSH Service Coordinator towards achieving set goals developed by the family with their 'team' of other service providers. The goal of the FSH program is to work with families to address obstacles or challenges regarding housing needs, acquire stable housing, and provide support and services to maintain supportive housing. As such, the Service Coordinator is available to the landlord and is able to assist with any tenant/landlord issues that might arise.

Family Works – provides comprehensive on-site supports to parents including parenting education and mentoring, life skills coaching, career and job readiness assessment and activities and hands-on work experience. A menu of individual and group activities are offered to participants and are designed to help parents meet personal and family goals. Parents have access to quality child care (either on-site or offsite in a licensed or registered facility) and on-site counseling services from our clinical director. Anyone can be referred to the Family Works program; however, preference is given to people who are interested in moving toward economic self-sufficiency and have personal goals related to obtaining parenting skill development and employment. Ongoing program supports are offered to the participant through the transition.

ATTACHMENT A

Family Center of Washington County				Percent of Income	Unaudited FY'19 Actual
INCOME SOURCES FY'19				%	\$
State & Federal				45.21%	\$1,253,369
Local Towns				0.58%	\$16,050
United Way				0.07%	\$1,866
Fundraising				1.69%	\$46,855
Other - Fees for Service				49.88%	\$1,382,782
Other - Private Foundations				0.65%	\$18,148
Other - Grants				1.00%	\$27,734
Other - Misc.				0.18%	\$5,118
Deferred				0.74%	\$20,456
Total				100.00%	\$2,772,378
				Percent of Actual Expenses	FY'19 Actual Expenses
EXPENDITURES				%	\$
				%	\$
Personnel (Total)				82.38%	\$2,149,674
<i>Break down by position:</i>					
Administration & Fundraising				8.33%	\$217,380
Early Childhood Program				23.72%	\$618,923
Child Care Support Services				6.45%	\$168,325
Family Support & Education				43.88%	\$1,145,047
Insurance/Rent/Utilities				6.88%	\$179,533
Fundraising Costs				0.10%	\$2,500
Other - Travel/Training				1.11%	\$29,042
Other - Pass Through				1.25%	\$32,717
Other - Operating				8.27%	\$215,893
Total				100.00%	\$2,609,360
				100.00%	\$2,554,666
Number of full-time paid staff positions (or full-time equivalents):					43 FTE / 46 Total Employees
Number of full-time volunteer staff position (or full-time equivalents) :					7 FTE



**Executive Leadership Members
October 2019**

Claire Kendall
Co Executive Director
Moretown, VT 05660
Work: 262-3292 x-151
Cell: 793-3554
Fax: 262-6070
Email: clairek@fcwcv.org

Joseph Ferrada
Co Executive Director
Montpelier, VT 05602
Work: 262-3292 x-126
Cell: 498-5944
Fax: 262-6071
Email: josephf@fcwcv.org

Janine Gallagher
Youth & Family Services Director
East Calais, VT 05650
Work: 262-3292, x-134
Cell: 272-0887
Fax: 262-6070
Email: janineg@fcwcv.org



BOARD MEMBERS

January 22, 2019

Cindy Bond – Secretary

12 Locust Common
Barre, VT 05641
Cell: 802-249-7601
E-mail: cindyb375@hotmail.com

Katy Leffel

166 Gilman Street
Marshfield, VT 05658
Cell: 802-595-5448
Home: 802-426-3605
Work: 802-224-2209
E-mail: kleffel@CVHHH.ORG

Kim Keiser - President

96 Nelson Farm Road
Moretown, VT 05660
Home: 802-496-5485
Work: 802-496-4844
E-mail: keiserkim@gmail.com

Liz Sortino - Vice President

12 Park Avenue
Montpelier VT 05602
Cell: 802-33-0275
E-mail: liz.sortino@gmail.com

Shelley Quinn - Treasurer

11 Dunpatrick Circle
Montpelier, VT 05602
Cell: (802) 881-1267
Home: (802) 223-8911
Work: (802) 865-1644
E-mail: Shelley.Quinn@communitybankna.com

Stephanie Spady Kucinkas

6 Dunpatrick Circle
Montpelier, VT 05602
Home: 802-225-6169
Cell: 646-505-8803
E-Mail: srspady@yahoo.com

Sue Dellipriscoli

584 Elm Street
Montpelier, VT 05602
Home: 802-223-0422
Cell: 802-249-2991
E-Mail: suedell421@gmail.com

COMMUNITY OUTREACH BUILDING



EARLY CHILDHOOD BUILDING



PLAYGROUND



CHILD & YOUTH DEVELOPMENT SERVICES

Children's Integrated Services - Early Intervention

262-3292, Ext. 121

Children's Integrated Services - Family Support Home Visiting

262-3292, Ext. 121

Early Childhood Program

262-3292, Ext. 156

Reach Up

262-3292, Exts. 134, 107, 175

Family Works/Job Development

262-3292, Ext. 134/Ext. 153

Family Supportive Housing Program

262-3292, Ext. 154

Specialized Transportation

262-3292, Ext. 122

FAMILY DEVELOPMENT SERVICES

Child Care Financial Assistance

262-3292, Exts. 125 (last names A - K), 119 (last names L - Z)

Child Care Referral

262-3292, Ext. 119

Welcome Baby

262-3292, Ext. 115

Family Support Home Visiting

262-3292, Ext. 121

VT Children & Families Community Response

262-3292, Ext. 121

Parent Education

262-3292, Ext. 115

Playgroups

262-3292, Ext. 115

Your Support Is Needed

Investing in the Family Center is investing in early care, education and stronger families. The benefits are healthier communities with decreased social, education and health costs. Visit www.fcwcv.org for more information. 12/2018



**383 Sherwood Drive
Montpelier, VT 05602**

Phone: 802-262-3292

www.fcwcv.org

familycenter@fcwcv.org

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OUR VISION:

*Acceptance
and hope
for all families.*



CHILD AND YOUTH DEVELOPMENT SERVICES

CHILDREN'S INTEGRATED SERVICES - EARLY INTERVENTION – Evaluation, developmental education, service coordination and family support for families with children under age 3 who have developmental delays or medical conditions that could lead to delays.

CHILDREN'S INTEGRATED SERVICES - FAMILY SUPPORT HOME VISITING – Home visiting program for pregnant women and children through age 5 who are receiving Medicaid or Dr. Dynasaur. The program provides support and advocacy to help families reach their goals.

EARLY CHILDHOOD PROGRAM – On-site child care program for children ages 6 weeks to 5 years, serving 55 children daily. 5 STARS from Vermont's quality rating system.

REACH UP – Help young parents advance toward educational, job training, and employment goals. Staff assist parents to identify and pursue goals such as gaining a high school credential, obtaining child care or a driver's license, and applying for post secondary education or employment. Participants are supported to take advantage of job coaching to obtain employment as well as other programs at the Family Center that meet the needs for their particular situation.

FAMILY WORKS/JOB DEVELOPMENT – Provides comprehensive on-site support services to pregnant or parenting teens and young parents including job skill development, work experience, group activities, access to child care, counseling services, and job coaching.

FAMILY SUPPORTIVE HOUSING PROGRAM – A participant-engaged permanent supportive housing program for homeless or at-risk-families with minor children in Washington County. Includes individualized, family-centered case management services.

SPECIALIZED TRANSPORTATION – Transport authorized children in the Barre/Montpelier area from their homes to and from designated child care programs.

FAMILY DEVELOPMENT SERVICES

CHILD CARE FINANCIAL ASSISTANCE – Can help families pay for child care.

CHILD CARE REFERRAL – Provides information about openings in the area and how to choose quality child care.

WELCOME BABY – Outreach program for families with new babies to provide parents with information on community resources. Includes gift bags for all families with new babies.

FAMILY SUPPORT HOME VISITING – Provides specialized in-home support for families.

VT CHILDREN & FAMILIES COMMUNITY RESPONSE - Brings together the Barre Family Services Division and the Family Center in a special model designed to engage and strengthen high need and high risk families.

PARENT EDUCATION – Classes and workshops are held on a regular basis and include the popular "How to Talk So Kids Will Listen and Listen So Kids Will Talk," "Siblings Without Rivalry," and "1-2-3 Magic," among other topics of interest.

Our **PLAYGROUPS** are available to all families with children birth to 5. "BABY PLAY" offers fun and social experiences for children birth to 3 and their grownups. "DADS AND KIDS PLAYGROUP" is for young children birth to 5 and their male adults. "SATURDAY PLAYGROUP" is for families with kids birth-6.

ADMINISTRATION

CLINICAL SERVICES – The Family Center has a Clinical Services Director on-site to provide clinical supervision to Family Center staff, and crisis intervention support and group and individual treatment for Family Works participants.

COMMUNITY COLLABORATIONS

CHILDREN'S INTEGRATED SERVICES – Coordination of the regional team of providers representing maternal/child health, family support, early intervention, and early childhood and family mental health services. The team works together on community outreach, referral, intake, case coordination and systems planning.

CENTRAL VERMONT

BUILDING BRIGHT FUTURES COUNCIL – Countywide initiative to give young children the good start they need to succeed in school. Building Bright Futures funding supports an array of regional prevention and early intervention services such as early childhood and family mental health, home visits, Welcome Baby, teen parent services, and community events for young children and families including playgroups, Dabble Days, literacy events, parent education and more. 802-760-0155.

OUR MISSION:

*Building Resourceful Families and Healthy
Children to Create a Strong Community*

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It's always about the family*

