



Impact Report

January - June 2023



Parent Child Centers

WE SAY "YES!" TO FAMILIES

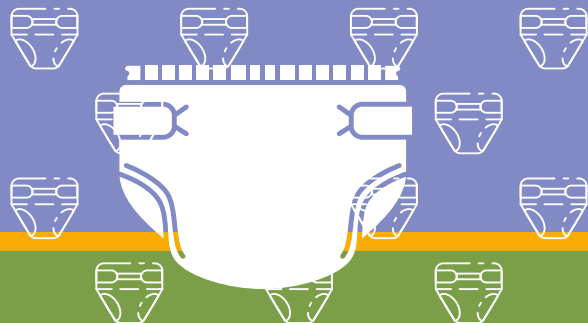


Our Network is comprised of **15** Parent Child Centers across Vermont dedicated to supporting and strengthening families every day. Our strengths-based, multi-generation approach serves both children and their caregivers through our 8 Core Services and then some! We fill a vital role in our communities by meeting families where they are and cultivating deep relationships at critical moments.

We served **18,656** children
and **17,696** parents*

We meet every family with kindness and open doors to connections, supports, and services that help them thrive. We do this by building partnerships with families to meet their short and long-term goals. From home visiting to basic needs such as food and diapers, we are there for families. Speaking of diapers...

Over **200,000** diapers
were distributed in just
the last 6 months!



*we use parents as a term inclusive of all caregivers who play a parenting role

8 Core Services

...AND THEN SOME!

All Parent Child Centers in Vermont offer these core services:

This program has been so incredibly helpful to me as a new mom. I have gained confidence and a better understanding of what is developmentally appropriate for a baby. **My stress level has gone down and I am able to enjoy motherhood.**

*HEART Program Mom,
PCC of Northwestern
Counseling & Support Services*



In addition, each PCC offers a variety of unique services that reflect each region's needs. All of our programs and services help strengthen families through tiered levels of support.

94%

of parents reported **feeling stronger and more confident as a parent** after working with a PCC in 2023 and

98%

of parents feel they received the help they needed and **that was right for them.**

Tiered Support

A SOLID BASE OF PREVENTION

Early Childhood ROI:

What is one of the best ways a country can boost shared prosperity, promote inclusive economic growth, expand equitable opportunity, and end extreme poverty? The answer is simple: Invest in early childhood development. Investing in early childhood development is good for everyone – governments, businesses, communities, parents and caregivers, and most of all, babies and young children. It is also the right thing to do, helping every child realize the right to survive and thrive.

And investing in ECD is cost effective:

For every $\$1$ spent on early childhood development interventions, the return on investment can be as high as $\$13$

-Unicef, World Bank and World Health Organisation
Nurturing Care Framework

That is why PCC's focus their efforts heavily on prevention, but still walk alongside families through all tiers of support.

High Intensity



Targeted



Universal



Tiered Support

A SOLID BASE OF PREVENTION

Parent Child
Centers
=
Results!

ECONOMIC SERVICES
DCF
C.I.S.
Crisis Supports:
Housing, Utilities, Heat



LEARNING TOGETHER

D.U.L.C.E.

Home Visiting

Support Groups:

Dads, Moms, Cultural

Transportation

FOOD SHELVES

Workforce
Development

C.I.S.

Parents as Teachers



Early
Childhood Education

COMMUNITY EVENTS

Parent
Advocacy

Parent
Education

PLAYGROUPS

Nutrition &
Cooking

YOUTH
CENTERS

CONCRETE
SUPPORTS

Welcome Baby

Before & After
School

INFORMATION
& REFERRALS

FAMILY ENGAGEMENT



D.U.L.C.E.



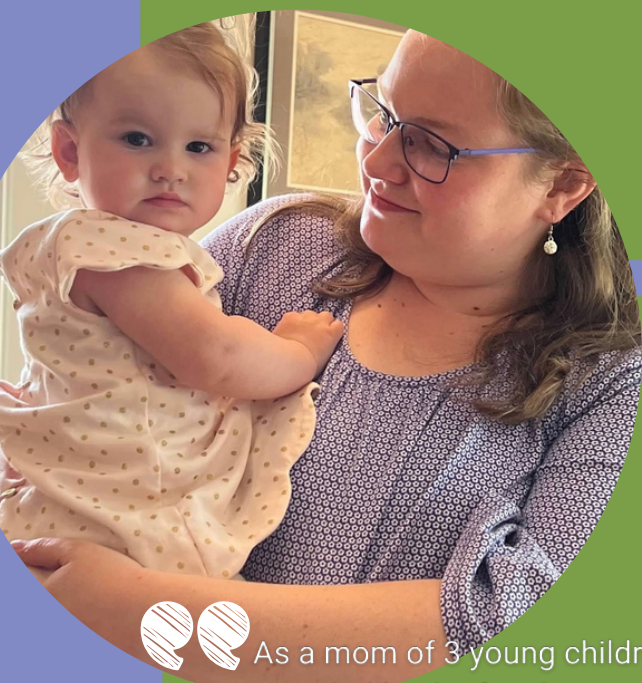
a non-exhaustive glimpse of our tiered programs

Impact Stories



15,800

Home Visits



As a mom of 3 young children I've been using the services provided by the family center for as long as I've walked my parenting journey. **I am oh so grateful for the services that you all offer our community.** I've been going to baby chat and breastfeeding group since 2017 when my oldest was born. The connection made and the support given made the walk into new momhood something that was easier to do. When my child got a little older we added playgroups and it was such a joy to watch his skills grow. The parent classes joined, which falls under my self care part of parenting. It is so amazing to have the opportunity to learn something new and know that the kids have a fun and safe place to play or join in the class.



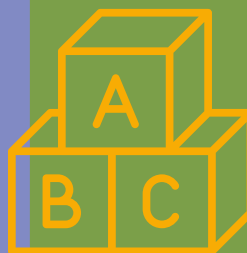
Mom, Lamoille Family Center



It's one of the things I have on my weekly plate right now **that I actually look forward to.** It's like, that's really going to make me feel better about everything I'm dealing with.



Dad's Group Participant,
The Family Place



787

Playgroups



of parents
feel their
PCC had a
positive
impact on
their famliy



Food

The cost of food has increased significantly this year, resulting in more families who face food insecurity. Parent Child Centers offer families food access, cooking classes, and support in utilizing benefits that help keep nutritious food on the table.



Brooke and her son, Logan
with the key to their new apartment!



Housing

Lack of affordable housing continues to impact youth and families resulting in increasing homelessness. Providing stability and essential needs becomes more difficult. PCCs walk alongside families in navigating the housing market and meeting personal, employment, and housing goals.

Crisis Relief

Parent Child Centers stepped up to help Vermont families who were affected by this summer's historic flooding. We brought food and essentials to FEMA sites, helped displaced families secure temporary shelter, sponsored food and clothing drives, and connected families to resources to muck out, repair, and restore their damaged homes.



Having this opportunity will help my daughter and myself with basic needs but also will open whole new doors for me to attend college and work, and to offer my daughter a solid start.

I can't thank everyone enough for making this miracle come true.

S.D. Sunrise Family Center
Vehicle Recipient



Responding to Community

Growth & Innovation



Quality Standards

Engaging with the National Standards of Quality has resulted in the PCCs:

- Setting goals and creating action plans to deepen practice
- Assessing progress and updating action steps
- Recognizing their place in the context of national measures of quality
- Celebrating successes

Parent Advisory Committees

From the start, family voice is at the center of our work, policies, and practices. The Network has set a Quality Standard for all centers to engage families in leadership and decision making that informs programming.

All

PCCs have parent representation on their Boards of Directors

5

have active Parent/Family Advisory Committees

8

are in the planning or early development stages

Example activities and outcomes of Parent Advisory Councils:

PACs can participate in program development and assessment. Members are often invited to job interviews to offer their unique perspectives and opinions on possible new employees. The PAC provides social capital and professional setting experience for parents who are building a resume.



I was given support for my child and myself as well as a chance to develop into a fully comprehensive parent. I am happy to be able to give back to the Family Center in any way possible because I am so thankful for the support I received.



*PAC Member,
Family Center Washington County*





Spotlight on Staff

The People Who Make it Happen

PCCs employ over **400** talented, creative and committed professionals statewide.



*Why do I like working at MFCC? I love that I make a difference and help out in the community that I grew up in and live in. I feel like I'm more than part of a team, **it feels more like a family to me.** I get to see the kids' excitement when they learn something new. And I find myself trying new things, like different fruits and veggies, that I would have never thought about trying.*



Milton Family Community Center Staff Member



PCC Innovations Conference

In partnership with the Henderson Foundation, we successfully provided PCC staff members from across the Network with a two-day conference at Lake Morey. With the beautiful backdrop of the lake, PCC staff from across Vermont got to connect, network and deepen their learning together for the first time.

Staff from *All* 15 PCCs attended

Staff and Directors from **10** of the Parent Child Centers facilitated workshops



State Appropriations

Integrated Grant Base Funding Increase for Salary & Benefits

PCC staff salaries were raised across the state at least 3%, some positions



All 15 Parent Child Centers used the FY24 base funding increase to directly boost staff salaries. Some offered retention bonuses, and others were able to expand programming or fund new initiatives.

4 Centers are now able to offer staff benefits that were not previously available, bringing our Network to *100%* participation in offering benefits.

Capital Project Improvements

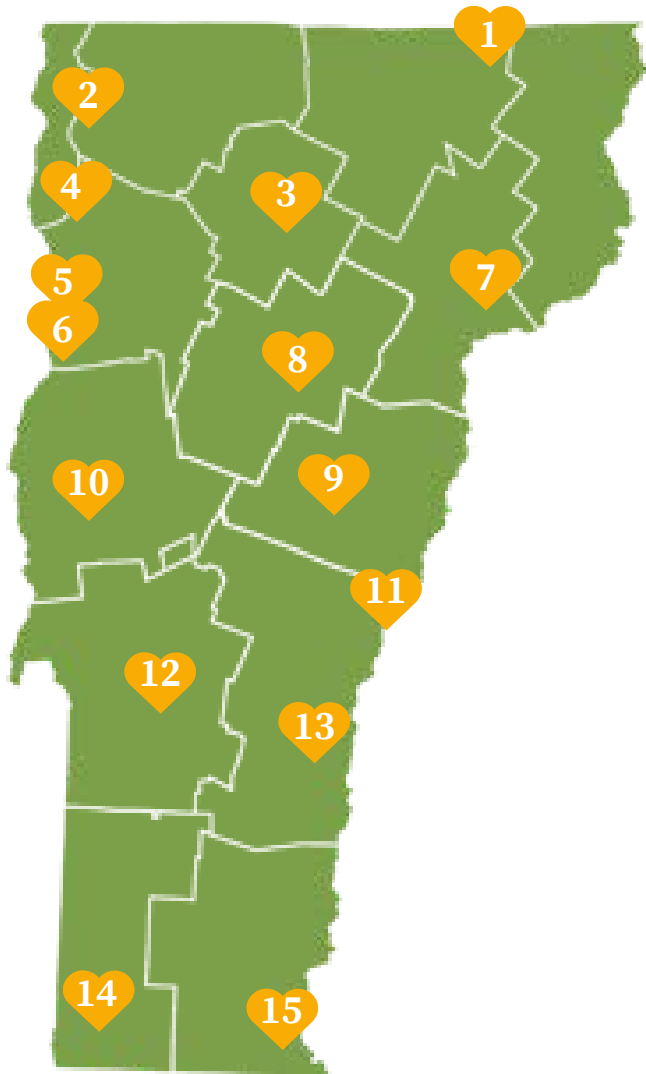
Here are just some of the capital improvement projects that have been implemented to update our spaces, properties, and programs.



Vehicle
Kitchen Equipment
Windows
Professional Development
Recruitment/Retention/Wellness Bonuses
Concrete Family Supports
Storage
DEI Trainings
Interior and Exterior Painting
Bathrooms
Playground Upgrades: Swings, Mulch, Paving, Doors, Sheds
Emergency Call Box
Safety Repairs
Heating System Improvements
Food and clothing shelves
Signage
Freezer
Refrigerator
Doors
Flooring

Parent Child Centers

Supporting Vermont's Parent Child Centers through **leadership, advocacy** and **collaboration** with key partners to achieve the best outcomes for families.



NEKCA Parent Child Center North
Newport, VT



Parent Child Center of Northwestern
Counseling & Support Services
St. Albans, VT



Lamoille Family Center
Morrisville, VT



Milton Family Community Center
Milton, VT



Janet S. Munt Family Room
Burlington, VT



Lund Parent Child Center
South Burlington, VT



NEKCA Parent Child Center South
St. Johnsbury, VT



Family Center of Washington County
Montpelier, VT



Orange County Parent Child Center
Tunbridge, VT



Parent/Child Center of Addison County
Middlebury, VT



The Family Place
Norwich, VT



Rutland County Parent Child Center
Rutland, VT



Springfield Area Parent Child Center
Springfield, VT



Sunrise Family Resource Center
Bennington, VT



Windham Southeast School District
Early Education Services
Brattleboro, VT

